

Baby growth and development

This brochure tells some of the abilities and skills your baby should have developed by the age of one year.

If you have more questions or need further advice, stop in at the library. We can help you find additional resources.

Mengle Memorial Library
324 Main Street
Brockway, PA 15824
814-265-8245
menglelibrary.org

Library hours are:
Monday through Thursday ~ 10-7
Friday and Saturday ~ 10-5
(Summer Saturday hours ~ 10-2)

The Mengle Memorial Library has received grant funding to become a Family Place Library! This project is made possible by a grant from the Institute of Museum & Library Services as administered by the Pennsylvania Department of Education through the Office of Commonwealth Libraries, & the Commonwealth of Pennsylvania, Tom Corbett, Governor.

*MILESTONES FOR
AGES EIGHT TO
TWELVE MONTHS*

1-2-3 Grow with Me



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At 8-12 months of age, your baby should meet the following Milestones:



Physical Skills

How baby moves and uses their muscles

- Gets to sitting position without help
- Crawls forward on belly
- Assumes hands-and-knees position
- Able to move from sitting to crawling position
- Pulls self up to stand
- Walks holding on to furniture

Social Skills

How baby interacts with others

- Shy or anxious with strangers
- Cries when parents leave
- Enjoys imitating people in play
- Prefers certain people and toys
- Tests parental response
- Finger-feeds themselves

Cognitive thinking

How baby interacts with their surroundings

- Explores objects in different ways
- Finds hidden objects easily
- Looks at correct picture when the image is named

If your baby has trouble with any of the following, you may want to discuss the issue with your pediatrician:

- Does not crawl
- Drags one side of body while crawling (for over one month)
- Cannot stand when supported
- Does not search for objects that are hidden while he watches
- Says no single words "mama" or "dada"
- Does not learn to use gestures, such as waving or shaking head
- Does not point to objects or pictures