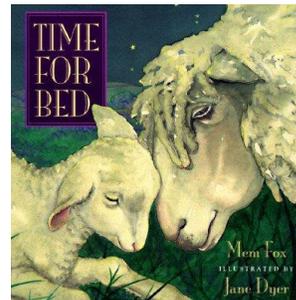




Mengle Memorial Library

presents:

Time For Bed by Mem Fox



Time for Bed is a relaxing bedtime story to share with your child. It is important to take time every day to read with your child. You don't need to spend long periods of time reading to your child. At first two or three minutes at a time is fine. Your child should see reading as a positive and enjoyable activity. This will help build your child's attention and develop an interest in books.

Reading together remains the single most effective way to help children become proficient readers. Even read to newborns. They may not understand words. Hearing your voice stimulates an interest in sounds and helps develop listening skills. Reading together is a great opportunity for cuddling and bonding. By developing a regular reading routine, books will become a regular, fun part of your child's day.

Reading to your baby introduces story concepts, numbers, letters, colors, and shapes, and gives your child information about the world around him or her. It builds memory and vocabulary skills. By the age of one, your baby has already learned all the sounds he or she needs to speak his or her native language. The more words your baby hears, the better he or she will be able to talk.

As your child grows so should his or her exposure to print. Show your child that print is all around us and can be used to get information. This idea is called **Print Awareness**. The more exposure to print develops your child into a more successful reader.

Remember reading books more than once is beneficial to your child. Studies have shown that young children did not learn to say any new words after listening to a book just once. Instead, young children comprehended and spoke more new words when they were actively involved during the repeated book readings. This doesn't mean you have to read a book three times in a row. Come back to the book throughout the day, week, or months as your child is interested in seeing it. Repetition is excellent for children to help them develop.

Make a Routine of Reading. Setting aside time in a day to read will help your child on a regular basis.

Bedtime is a popular time to read to children. It can be relaxing. Bedtime stories like Time for Bed show your child that everyone sleeps, including people and animals.

You can read at mealtimes. If your child uses a highchair, it can make it easier for you share the book since you do not have to hold him or her along with the book. Find books about food and eating. That way your child can relate to the book. You can also take this time to read packaging or recipes.

When your child is sick, read them stories with characters who are also sick. This can help develop vocabulary your child can use to talk about how he or she is feeling. When your child can relate to the book, he or she becomes more interested in reading it.



Mengle Memorial Library
324 Main Street
Brockway, PA 15824
menglelibrary.org

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More Stories to Read with Your Child

More Bed Time Stories

Good Night Moon by Margaret Wise Brown

Goodnight Max by Rosemary Wells

Good Night, Mr. Night by Dan Yaccarino

Good Night Sweet Butterflies by Dawn Bentley

The Going to Bed Book by Sandra Boynton

Rabbit Pie: The Perfect Recipe by Penny Ives



More Books for Sick Days

Who's Sick Today? by Lynne Cherry

So Sick! By Harriet Ziefert

Ophelia by Ingrid and Dieter Schubert

Where is Chicken Pox? by Tracey West

Carousel by Brian Wildsmith

Henry and Mudge Get the Cold Shivers
by Cynthia Rylant

More Stories about Manners

Lacey Walker, Nonstop Talker
By Christianne Jones

Hello, Goodbye, and a Very Little Lie
by Christianne Jones

I Am Polite by Sarah L. Schuette

Polite Little Pig by Sarah Albee

Mary Louise Loses her Manners.
by Diane Cuneo



More Stories about Mealtime

Caillou: Mealtime by Nicole Nadeau

Meal Time by Child's Play

Bread and Jam for Frances
by Russell Hoban

Seven Silly Eaters
by Mary Ann Hoberman

I Will Never Not Ever Eat
by Lauren Child



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