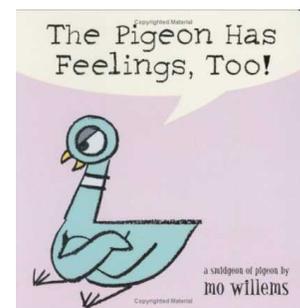




Mengle Memorial Library

presents:

The Pigeon Has Feelings, Too! by Mo Willems



The Pigeon Has Feelings, Too! explores the range of emotions Pigeon has in one day.

It is very important for children to learn that feelings are a normal part of life. Just as important is learning to manage emotions that are a result of various feelings we may have at any time. Teaching children how to recognize and verbalize their feelings is an important life skill.

Before reading the book, show your child the cover and ask them what they think the book is about. After they've had time to answer, point to and read the title and author. Don't forget to explain what the author does. "He wrote this story about Pigeon." If your child hasn't already brought up the pigeons feeling, now would be a time to ask, "Why do you think Pigeon is upset?"

Read through the story with your child. Stop to talk about the emotions you see in each picture. Make connections between Pigeon's feeling and your child's. "What does Pigeon do when he is angry?" He stomps off. Now ask your child, "What do you do when you're angry?" Maybe your child stomps or yells. Your child will be more interested in the story if he or she can relate to the story.

More Books by Mo Willems

[The Pigeon Finds a Hot Dog!](#)

[Don't Let the Pigeon Drive the Bus!](#)

[The Pigeon Loves Things That Go!](#)

[The Pigeon Wants a Puppy!](#)

[Don't Let The Pigeon Stay Up Late!](#)

[There is a Bird on Your Head!](#)

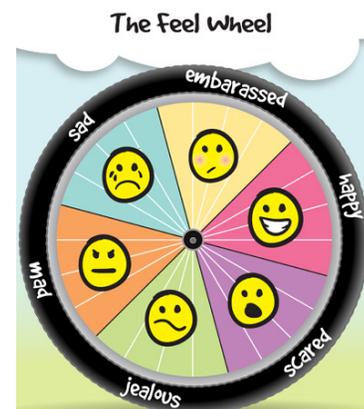
[Naked Mole Rat Gets Dressed](#)

[Are You Ready to Play Outside?](#)

[Pigs Make Me Sneeze!](#)

[Can I Play Too?](#)

After reading this book take the time to make a "feeling wheel" with your child. Have your child think about emotions experienced during the day. Add these to the "feeling wheel." Whenever your child gets upset or, just wants to share his or her feelings, your child can point out the emotion on the wheel. The wheel is simply a tool your child can use about feelings. You can also use the "feeling wheel" to talk about characters in other books or TV shows.



Mengle Memorial Library
324 Main Street
Brockway, PA 15824
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More Rhymes about Feelings



IF YOU'RE HAPPY AND YOU KNOW IT

If you're happy and you know it, clap your hands.
If you're happy and you know it, clap your hands.
If you're happy and you know it, your face will surely show it.
If you're happy and you know it, clap your hands.

Traditional

Make up additional verses with other feelings; such as; If you're angry and you know it, stomp your feet, or If you're scared and you know it, hide your eyes.

Poem

When I am sad, I want to cry.
When I am proud, I want to fly.
When I am curious, I want to know.
When I am impatient, I want to go.
When I am bored, I want to play.
When I am happy, I smile all day.
When I am shy, I want to hide.
When I'm depressed, I stay inside.
When I am puzzled, I want to shrug.
When I am loving, I kiss and hug.

I LOOK IN THE MIRROR

I look in the mirror and what do I see?
I see a happy face smiling at me.
I look in the mirror and what do I see?
I see a surprised face looking at me.

(Use this song while you and your child are looking in the mirror. Make up other verses as you make additional "feelings" faces.)



FEELINGS

Sometimes on my face, you'll see,	(point to face)
How I feel inside of me.	(point to chest)
A smile means happy,	(smile)
A frown means sad.	(frown)
And gritting teeth, means I'm mad.	(grit teeth)
When I'm proud, I beam and glow,	(smile)
But when I'm shy, my head hangs low.	(Bow head)

CRY, CRY WHEN YOU'RE SAD

Tune: "Row, Row, Row Your Boat"

Cry, cry when you're sad.
Just between me and you.
Don't be afraid to shed a tear.
It's the thing to do.



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