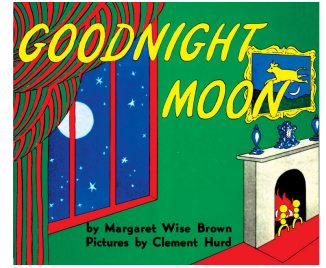




Mengle Memorial Library
presents:
Goodnight Moon
by Margaret Wise Brown



Goodnight Moon is a great book to begin to talk about rhymes. Rhyming helps children develop **Phonological Awareness**, one of the 6 early literacies needed in learning to read. Rhyming helps children hear and manipulate the smaller sounds in words. Most children who have difficulty in reading have trouble in phonological awareness.

The second time you read this book, point to the second rhyming pair and start to say the first sound of the rhyme, pause and let the children fill in the rest of the word. (For example, “And two little kittens and a pair of m_____”). If the children do not know, fill in the word for them. *Remember to pause for 5 slow seconds after you ask young children a question. It takes children longer to respond to questions than it does for adults.* After reading the book a few times, stop saying the first sound of the second rhyme.

In large print, write the rhyming words on pieces of paper. Show the children that the words have the same endings. Emphasize first the second syllable in the rhyming words, then the syllable. A study conducted by Yale University found that dyslexia is an auditory problem and is completely preventable. *The dyslexia research shows that children who have difficulty **hearing** subtle differences in sounds (phonemic awareness) also have difficulty **reading** those same words in print.* (Bright from the Start, 242). When reading all books, make sure to pronounce what you are reading clearly.

Books with Rhymes!

Giraffes Can't Dance by Giles Andreae

I Ain't Gonna Paint No More! by Karen Beaumont

Time for Bed by Mem Fox

My Truck is Stuck! by Kevin Lewis

Polar Bear, Polar Bear, What Do You Hear? by Bill Martin, Jr.

Wild About Books by Judy Sierra

Dinosaur Roar! By Paul and Henrietta Stickland

Moo, Baa, La La La! by Sandra Boynton

Big Red Barn by Margaret Wise Brown

Is Your Mama a Llama? by Steven Kellogg

Chicka Chicka Boom Boom by Bill Martin, Jr.

Zin!Zin Zin! A Violin! by Llyod Moss

Anything by Dr. Seuss

How Do Dinosaurs... books by Jane Yolen

Talk to the children about bedtime routines. Ask them what they do before bed (have a bedtime snack, brush their teeth, take a bath, etc.). Talk about how some children do things differently or in a different order. (Some kids take a bath in the morning, some do not have a snack, some kids hear a story, etc.) On pieces of paper write down the activities the children do. Have the children put the activities in order. Talk about why you get ready for bed in the order you do. Talk about before and after. (Does it make sense to brush your teeth, THEN eat a snack? Do you change into pjs before or after you have a bath)

Introduce charts to the children. Use tally marks to see how many children take a bath versus taking a shower, or wear pjs versus a t-shirt and shorts. Make a bar chart using post-it notes and talk about which has more and which has less. *This will introduce an early math concept to the children!* You can also graph their favorite bedtime song. See the backside of this page for song ideas.



Mengle Memorial Library
324 Main Street
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Here are some song and rhymes about Bedtime and Nighttime.

Twinkle, Twinkle, Little Star

Twinkle, twinkle, little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.

When the blazing sun is gone,
When he nothing shines upon,
Then you show your little light,
Twinkle, twinkle, all the night.

Then the traveller in the dark,
Thanks you for your tiny spark,
He could not see which way to go,
If you did not twinkle so.

In the dark blue sky you keep,
And often through my curtains peep,
For you never shut your eye,
'Till the sun is in the sky.

As your bright and tiny spark,
Lights the traveller in the dark.
Though I know not what you are,
Twinkle, twinkle, little star.

Twinkle, twinkle, little star.
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.

Twinkle, twinkle, little star.
How I wonder what you are.
How I wonder what you are.

Hey Diddle Diddle

Hey diddle diddle, the cat and the fiddle,
The cow jumped over the moon,
The little dog laughed to see such sport,
And the dish ran away with the spoon.



Time for Bed

Time for bed, time for bed
Fluff up the pillow,
Lay down your head.
Pull up the blanket,
Tuck it in tight.
Close your eyes



In the Nighttime

(You Are my Sunshine)

In the nighttime, yes, in the nighttime,
I brush my teeth, and I wash my face.
I wear my PJ's, and get my blankie,
and I go to sleep all snug in my bed.



Hush, Little Baby

Hush, little baby, don't say a word.
Papa's gonna buy you a mockingbird
And if that mockingbird won't sing,
Papa's gonna buy you a diamond ring
And if that diamond ring turns brass,
Papa's gonna buy you a looking glass
And if that looking glass gets broke,
Papa's gonna buy you a billy goat
And if that billy goat won't pull,
Papa's gonna buy you a cart and bull
And if that cart and bull turn over,
Papa's gonna buy you a dog named Rover
And if that dog named Rover won't bark
Papa's gonna buy you a horse and cart
And if that horse and cart fall down,
You'll still be the sweetest little baby in town.

Rock-a-by Baby

Rock-a-by baby
On the tree top,
When the wind blows
The cradle will rock.
When the bough breaks,
The cradle will fall,
And down will fall baby
Cradle and all.



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